

Geordie & Ranui Donaldson

RMB 355

Bridgetown WA 6255

13 December 2010

Sensei Scott Donaldson

Blackwood Karate

Bridgetown WA 6255

Dear Sensei Scott;

Letter of appreciation – McRae Donaldson ADHD Karate student

Geordie and I would like to sincerely thank you for the endless support, patience and commitment you have provided whilst teaching our son McRae Donaldson.

As parent's McRae's ADHD has been the most difficult challenge we have ever faced; a learning curve that you have assisted us with in so many ways. We would like to thank you with love in our hearts for your consistent and disciplined teaching techniques, feedback and suggestions of potential strategies that we could try to improve his learning and social skills whilst in your class. Because of the relationship you have created with our son; he has gained a great love of karate, and the passion to consistently try hard to please you and to continue to progress to the next belt.

Scott we would like you to know that we appreciate your help every step of the way, it is very difficult to put the gratitude we feel for you into words. As parents who strive to "get it right" for our son; we clearly see that enrolling McRae into Blackwood Karate will continue to be one of our best decisions. ADHD is a condition that paediatricians treat with stimulant medication; although Geordie and I see the difference this medication makes in our son's life, we also see the need for him to learn strategies and coping techniques that we hope one day will significantly reduce his reliance on medication.

We would also like to thank your wonderful and supportive wife Michelle for her tireless energy towards our wonderful club. We know that together you give up a great deal of family time due to the commitment you have made to teach your students.

We wish you and your family a wonderful Christmas and happy and prosperous New Year.

Peace, Love & Happiness

Geordie & Ranui Donaldson